



Compass is a province-wide service that supports evidence based care to all BC children and youth (0-25) living with mental health and substance use concerns. This is done by supporting community care providers with the information, advice, and resources they need to deliver appropriate and timely care to children & youth close to home.

Call 1.877.702.7272

We are here,
we are in it together.

Call 1.877.702.7272
for a Compass Consultation

Hours of Operation
Monday-Friday 9 a.m. - 5 p.m. PST

Questions?
Email compass@cw.bc.ca

Register by phone or online at
CompassBC.ca



**Compass
Mental Health**
Supporting Providers



Compass Mental Health

Supporting Providers

A team of mental health and substance use professionals is only a call away.

1.877.702.7272
CompassBC.ca





Compass is a province-wide service that supports evidence based care to all BC children and youth (0-25) living with mental health and substance use concerns. This is done by supporting community care providers with the information, advice, and resources they need to deliver appropriate and timely care to children & youth close to home.

Call 1.877.702.7272

We are here,
we are in it together.

Call 1.877.702.7272
for a Compass Consultation

Hours of Operation
Monday-Friday 9 a.m. - 5 p.m. PST

Questions?
Email compass@cw.bc.ca

Register by phone or online at
CompassBC.ca



**Compass
Mental Health**
Supporting Providers



Compass Mental Health

Supporting Providers

A team of mental health and substance use professionals is only a call away.

1.877.702.7272
CompassBC.ca



Feeling stuck?



Provider needs support in treating patient with mental health or substance use concerns

Telephone-based consultation



Consultation with the community providers and Compass team

If needed

Direct consult if needed



Telehealth consultation with provider, patient and Compass team

Who can call Compass?

Compass is available to a variety of community care providers who work with children and youth such as: primary care providers, specialist physicians, CYMH clinicians, Foundry clinicians, and concurrent disorders/substance use clinicians.

The Compass Approach

When you call for a consultation, you'll have access to a multi-disciplinary team who can offer:

- Telephone advice and support
- Identification and help with connection to local & online resources
- Telehealth consultation, for you and your patient, when needed
- Tailored education

The team includes child and youth psychiatrists, mental health and substance use clinicians (social workers, nurses, psychologists, etc.), and a care coordinator.

Compass aims to have a member of our multidisciplinary team answer phone calls and respond to your questions in real time. You will receive a written record of all consultation recommendations. Telehealth consults with the provider, patient and Compass team are organized on an as needed basis.

How can Compass help?

The Compass team can help with diagnostic clarification, medication recommendations and treatment planning. Support is available for a wide range of issues including substance use, mental health, behavioural and family challenges, trauma and general guidance when things are going well.

“ *Very easy access and strong support, follow up and timely access to specialist and expert guidance and consultation. This is a great resource especially for low resource communities.* ”

Family Physician, Northern Health

