



Children's
of Alabama®



GOALS

- Increase access to pediatric mental health providers in rural communities of Alabama through telemental health services
- Assist primary care providers to care for patients with behavioral health needs by providing behavioral health training and case review to improve early identification, diagnosis, and treatment of patients with behavioral health disorders
- Offer behavioral health services through telemental health for those patients who need specialist intervention

BENEFITS FOR PEDIATRICIANS

What PATHS will provide

PATHS brings behavioral health case review and treatment services to your practice – via telemental health services – provided by a Children's of Alabama team of licensed behavioral health professionals and an infant/early childhood mental health consultant. Our mental health team will provide the following services:

- Case review by phone between the primary care team member and our mental health team
- Behavioral health education and case review, utilizing the Project ECHO model
- Behavioral health treatment for patients in your practice who need to see a behavioral health professional via telemental health
- Case coordination services provided by our mental health team, a case coordinator from the Alabama Department of Public Health, or the Alabama Coordinated Health Networks (ACHNs)
- Referrals to other mental health professionals closer to your patient, when indicated
- Technical training and support to facilitate telemental health visits

EXPECTATIONS FOR PEDIATRICIANS

Pediatricians who agree to participate in **PATHS** will be expected to:

- Initiate behavioral health screenings for well-child visits in your practice (utilizing an AAP recognized instrument) and report results of those screenings to **PATHS**
- Participate in one-hour Project ECHO sessions held every other week during lunch for a limited time
- Complete evaluation forms following each Project ECHO session, giving **PATHS** valuable feedback regarding our educational services
- Participate in program evaluation activities with UAB Evaluation Team members

BEHAVIORAL HEALTH PROJECT ECHO SERIES

- **Beginning Fall 2019**
- **Beginning Spring 2020**
- **Beginning Fall 2020**



UAB THE UNIVERSITY OF
ALABAMA AT BIRMINGHAM



NEED MORE INFORMATION?

If you would like to know more about **PATHS**,
please contact Susan Griffin at
susan.griffin@childrensal.org or 205.638.5673.

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